### **SERVING THE COMMUNITIES OF NORTH CENTRAL OHIO**



### In Every Issuer

**Events Listings:** 

Ashland, Richland & Crawford Counties

Annies Corner: Inspirational thoughts for everyday life

**Penguins Cave:** All about Linux



Summertime Fun for everyone at Charles Mill Lake

A Publication of Blu-Geko Media Group, LLC.

July/August 2016

# **FALCON Solution** Supper (LUB & LOUNGE

# Mansfield's Premier Supper Club

Early BirdDaily 4 pm - 6 pmSpecialCoffee & Pie ~ Only \$10

Tuesday: Date Night & Jazz Music Enjoy a Porter House for 2 - \$50

Wednesday: Wine Down Women's Night

Chef's Selection of small plates \$5-\$7 1/2 Off House Wines

Thursday: Celebrating Service Industry Police, Fireman, EMT 10% Off of Meal w/ID (Excludes Alcohol)

777 Lexington Ave. • Mansfield, OH 44907 **Tue-Thurs:** 4 pm - 9 pm **Fri:** 11 am - 10 pm **Sat:** 4 pm - 10 pm **419-756-0777** • Reservations & Walk-Ins Welcome





Happy Weekdays 4 pm - 7 pm Hour 50% Off Appetizers

Specials

Friday: Celebrating Teachers 10% Off of Meal w/ID (Excludes Alcohol)

Saturday: Celebrating Veterans 10% Off of Meal w/ID (Excludes Alcohol)

# Introducing the all new: Image: State of the clear fork adventure resort a 341 resort drive, butler, oh 44822

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### CONTENT CONTRIBUTORS NEEDED

**Content contributors from our local area are needed!** ~ if you like to write and would like to get some of your work published ... submit your ideas to NCO Events Magazine at graphixrose3@aol.com. We look forward to hearing from you. :o)

### **Editors Corner**

There are so many events in our local area that it is sometimes a little hard to decide which event to go to - or - to go to first! Spending time with family and friends is a great part of planning to go to any event. With the amazing amount of things to do in our local area there is never a reason to get bored, unless of course you are a teenager... lol.



By the time the magazine reaches you in Mid-July, we hope to be busy building the next issue of the magazine. The next issue will come out around the first week of September. For more frequent updates on local events, go online to www.ncoeventsmag.com or on facebook to NCO Events Magazine.

We hope you enjoy the events we find and if you know of any upcoming events, please help to share them with us for everyone to see and attend.

Thank You & God Bless.

Rosanna Ramirez graphixrose3@aol.com



INEGAR

# The reasons I love Vinegar

To me, vinegar is one miracle tool that I use a lot. Vinegar is a liquid produced from fermentation in a process that yields its key ingredient, acetic acid. Almost 90% of American Households buy vinegar. 4 major reasons and uses are for salads, as cooking ingredients, pickling and home canning. I would suggest using both white and apple cider vinegar.

The difference is that white vinegar is made from acetous fermentation of alcohol and apple cider vinegar is made from cider or apple must.

For ingestion or applying externally on your body, get the organic one with the 'mother'. It's unpasteurized and contains all the good bacteria your body needs.

<b>1. Remove stubborn coffee stained</b> <b>cups and pots.</b> - Fill the cup with vinegar overnight, then rinse with hot soapy water.	<b>2. Soothe sunburn pain.</b> - Apply undiluted vinegar to the burn.	
	<b>4. Lowers blood sugar levels and fights diabetes</b> 2 tablespoons of apple cider vinegar before bedtime can reduce fasting blood sugars by 4%	ORGANIC APPLE CIDER
<b>4. Kills bacteria in meat.</b> - Marinating meat in vinegar kills bacteria and tenderizes the meat. Use one-quarter cup vinegar for a two to three pound roast, marinate overnight, then cook without draining or rinsing the meat. Add herbs	<b>5. Acid Reflux</b> - 2 tablespoons in a full glass of water, sipped, usually first thing in the morning and 1 tablespoon before meals to control acid reflux/hiatal hernia.	

# **July 2016**

### Saturday - July 16, 2016

Christmas in July - Pleasant Hill Lake Park

Saturday evening FIREWORKS - 12-9 pm - Inflatables, rides, food and games, site decorating contest, visit by Santa by jet ski. 7-10pm Live DJ Music on the beach. For more info call 419-938-7884 or visit pleasanthillpark.mwcd.org/

### **July 21, 2016**

### Local 159 Big Jazz Band - Bellville Bandstand

7:00 pm - 143 Main Street • Bellville, 44813 • AFM Music in the Park Series • Presented By: American Federation of Musicians - Local 159 • 419-884-1838 • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. www.afmlocal159.org/

### July 15th-17th, 2016

### INK IN THE CLINK 2016 - Mansfield Reformatory

100 Reformatory Road, Mansfield, OHIO - INK IN THE CLINK 2016 is held at The Ohio State Reformatory in Mansfield, Ohio . We are now booking indoor and outdoor vendors. Fees are listed on our website at inkintheclink.com be sure to follow our fb page at facebook.com/inkintheclink for more details!

### Sunday, July 17th, 2016

### Sprints & Top Speeds Modified - Spitzer Motor Speedway

Formore infogo online to http://www.spitzermotorspeedway.com/#!schedule/cjrx

### July 19, 2016

### Local 159 Big Jazz Band - Crestline Bandstand

7:30 pm • AFM Music in the Park Series • 419-884-1838 Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. www.afmlocal159.org/

### July 19-22, 2016

### 17th ASHLAND CHAUTAUQUA - 2016 Voices of Freedom

For info go online to http://www.ashlandchautauqua.org/

### Friday, July 22, 2016

### Mansfield's 2nd Annual Gay Pride Festival - South Park

Mansfield, OH 44902 - Official Pride Event featuring 2 fun filled days at South Park, including a parade on the second day of the festival. Come out for great food and entertainment! - Visit our vendor booths to learn more about LGBT friendly organizations.

### July 23, 2016

### **Relay For Life of Richland County - Richland Fairgrounds**

2016 (a) 11:00 am - 12 hours of fun, food and entertainment to raise money for the American Cancer Society. Create or Join a team now at RelayForLife.org/Mansfield www. facebook.com/Mansfield For more info please contact Jenna Helmuth at 330-517-2075

### Saturday, July 23, 2016

### July Night Haunt - Malabar Farm State Park

8:00 pm - 12:00 am - Individual Price:30.00 - Dare to explore the "normal to the paranormal" murders, cemeteries, haunted houses, hot dogs & S'mores and stories around the campfire. For more info go to www.malabarfarm.org/

### The Ohio State Reformatory

Listed on the Grand "Most Terrifying Places in America"



### Self-Guided Tours

### **Guided Tours**

April 1st - September 1st 7 days a week 11 am - 4 pm General Tour of Building April 1st - September 1st West Cell Block East Cell Block Hollywood Tour Sunday 11 am - 4 pm

Admission: \$12 Adults • \$10 Seniors & Children Audio Wands or Guided Tours: \$5 additional







100 Reformatory Road, Mansfield Ohio 44905 • 419-522-2644 • www.ohiostatereformatory.org

# **Charles Mill Lake Events**

### **Charles Mill Lake Park - 2016**

### Visit www.charlesmillpark.mwcd.org for more details

July 16th - Splash Weekend with Boat Parade

July 23 - Christmas in July

July 30 - Game Show tournaments

August 6 - Beach Blast w/Bonfire & Kayaking

August 13 - Games for Hunger & MWCD Food Drive Flea Market & Lincoln Buy-Way Yard Sale Motorcycle Cruise-In

August 20 - Hog Roast & Jim Pitney Silent Auction

August 27 - Football Kick-Off & Camper Appreciation

September 3 - Labor Day Weekend & Catfish Tournament

September 10 - Grandparent's Day & Senior Weekend

**October 8** - Haunting Halloween Weekend

October 15 - Fall Chili & Soup Cookoff

November 19 - Festival of Thanks

December 10 - Lifesaver 5k/10k & Santa Celebration

### All Events are open to the public

Gate Admission is \$5 a car or \$8 a car on Firework dates

# How to Start Living in a Tiny House

Living in a house smaller than some people's walk-in closets may not be for everyone, but those who are able to do so reap many benefits for themselves and for the world around them. Here are some steps that may help you with choosing the best type of small house for you and how to simplify your life so living in a small house is enjoyable and not confining.

### 1 - Do your research. There

are many types of tiny homes, from as small as 9 square feet up to 837 square feet. Look at the designs, which range from

traditional to ultra-modern in design. Some in-

corporate off-the-grid designs like solar/wind power, rainwater collection, and composting toilets.

**2 - Decide** what you need from your dwelling and what you want from your dwelling. Most people need a comfortable, dry, quiet place to sleep; a clean place to perform personal hygiene (toilet, shower); a comfortable place to sit or lie down during the day; a place to store, prepare, and eat food for the day. You may want other creature comforts such as long-term refriger-ated food storage, a clothes washer and dryer etc. But think of combining these appliances in one machine. Do you really need a dryer or could you dry your clothes outside

**3 - Look** at the benefits of "living small:" less space to clean; less pack-ratting of unneeded clothes, broken appliances, etc.; lower energy bills and a greener environmental footprint; fresher food that is purchased, caught, or harvested on a more daily basis; more time available for outdoor activities and entertaining; no need to sell your home when you relocate (if your tiny home is towable).

**4 - Realize** that small houses cost more per square feet than large houses. Designing for smaller areas is more complex, as items such as built-in furniture have to be custom made to take advantage of all the space. Compact appliances sometimes cost much more than full sized appliances. If you are designing or building your own home on a trailer bed, you need to take plumbing (grey water and black water storage and disposal) into consideration

**5 - Decide** if you will build your own home from plans, or if you will buy an already made home new, or if you will buy a used home. There are also "kits" available which come with all or most of the supplies for building the house, along with instructions. The cheapest option for small living is to buy a well-maintained used RV or travel trailer. Craigslist usually





will have several listings under \$5000. You get the advantage of having something already designed and constructed, but you

have the disadvantage of not being able to fully customize your home to your needs and wants.

**6 - Pare down** your belongings: we spend about 80% of our time wearing 20% of the clothes we own, so by getting rid of most of that wasted 80%, your life becomes immediately simpler: less laundry and less indecision about what to wear that day. Instead of having 3 TVs, 2 computers, a VCR, DVD, Blu-Ray, and 3 different game stations, reduce to one computer-transfer your movies to a hard drive and a flat screen monitor can double as a TV. A laptop with a TV tuner is even more energy efficient

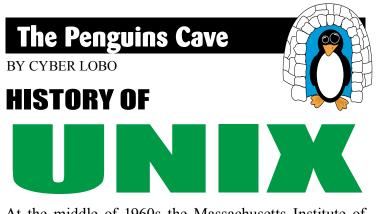
**7-Be creative** about storage and multi-function furniture: a bed platform could have clothing storage drawers underneath. If you make a built-in sofa (without a bed) you can use the space underneath to store lots of things. A table can be made with shelves for storage underneath the table surface. Or you could design a table that folds out of the wall, then folds up and down to become a bed. Use broad, deep shelves (including built-in) and drawers, and wall and ceiling mounted items, to minimize the proportion of wasted space above, below, and around the edges of items (due to packing geometry or falling-off-the-edge risk). Consider metal furniture to reduce the

amount of space consumed by the furniture itself.

Doug Ferrell is a Tiny House enthusiast who plans on building and living in a tiny home in the future.

Dougferrell08@gmail.com





At the middle of 1960s the Massachusetts Institute of Technology AT&T Bell Labs and General Electric were jointly developing an experimental time sharing operating system called Multics for the GE-45 mainframe. Multics introduced many innovations, but had many problems. Bell Labs frustrated by the size and complexity of Multics slowly pulled out the project.

Ken Thomson, a programmer in the Labs' computing research department, had worked on Multics. He decided to write his own operating system. While he still had access to the Multics environment, he wrote simulations for the new file and paging system. He also programmed a game called Space Travel, but it needed a more efficient and less expensive machine to run on, and eventually he found a little-used PDP-7 at Bell Labs. On the PDP-7, in 1969, a team of Bell Labs researchers led by Thompson and Denis Ritchie, including Rudd Canaday, developed a hierarchical file system, a command line interpreter, and some small utility programs. The resulting system, much smaller than the envisioned Multics system, was to become Unix. Thompson had implemented a selfhosting operating system with an assembler, editor, and shell. The UNIX Programmer's Manual was published on November 3- 1971, commands were documented the "man page" format that is still used, In 1972, in

Unix was rewritten in the higher level language "C",the migration to C resulted in much more portable software, requiring only a relatively small amount of machine-dependent code to be replaced when porting Unix to other computing platforms. The Unix operating system was first presented formally to the outside world at the 1973 Symposium on Operating Systems Principles.

Since it began to escape from AT&T's Bell Laboratories in the early 1970's, the success of the UNIX operating system has led to many different versions; Universities, research institutes, government bodies and computer companies all began using the powerful UNIX system to develop many of the technologies which today are part of the IT environment. Computer aided design, manufacturing control systems, laboratory simulations,

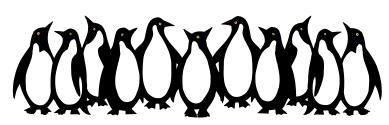


Follow/Like us on facebook for updates on local events listings even the Internet itself, all began life with and because of UNIX systems. :AIX - developed by IBM for use on its mainframe computers. HP-UX - developed by Hewlett-

even the Internet itself, all began life with and because of UNIX systems. :AIX - developed by IBM for use on its mainframe computers, HP-UX - developed by Hewlett-Packard for its HP 9000 series of business servers, QNX - a real time operating system developed by QNX Software Systems primarily for use in embedded systems, Solaris - developed by Sun Microsystems for the SPARC platform and the most widely used proprietary flavor for web servers, FreeBSD - the most popular of the BSD systems (all of which are direct descendants of BSD UNIX, which was developed at the University of California at Berkeley), Darwin the new version of BSD that serves as the core for the Mac OS X, Net-ware by Novel and of-course the popular Linux.

UNIX the operating system that change the world, running for almost fifty years.

Hasta la vista. ~ Juan



# Backyard Chickens a Great Match for Mansfield

Backyard chickens are an improvement to home gardening and a logical step in producing fresh, locally grown and controlled food. Historically, raising chickens for eggs has been promoted by the government as necessary and patriotic. With today's factory farms which use mass amounts of hormones, fungicides and insecticides in the process of providing store bought eggs, raising natural, chemical free eggs at home becomes a quality of life issue as well.

In the early 1900's the USDA recommended backyard chickens. From a publication written in 1918: "Uncle Sam Expects You to Keep Hens and Raise Chicks-- Two Hens in the Backyard for Each Person in the House Will Keep a

Family in Fresh Eggs. Even the smallest backyard has room for a flock large enough to supply the house with eggs. The cost of maintaining such a flock is small. Table and kitchen waste provides much of the feed for hens. They require little attention – only a few minutes a day. Every back yard in the United States should contribute to it's share to a bumper crop of

### Saturday, July 23, 2016

### **GNC Junior Naturalist Series - Gorman Nature Center**

12-4 pm - Ages 6-11, 2-4 pm & Ages 12-18, 12-4 pm This series of programs will cover topics that will help young naturalists begin their journey towards a greater understanding of our natural world. Registration is required and cost of the series is \$20 (which covers field guides and materials for all 4 programs). Call 419-884-3764

### July 27, 2016

### Percy Hall Orchestra - Seltzer Park - Shelby

7:00 pm • AFM Music in the Park Series • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music.

### July 29th, 2016

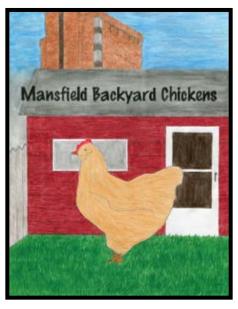
### Final Fridays at the Brickyard - Downtown Mansfield

The Trio, The Worn Flints and Third Degree Sideburn -Shows begin at 5 p.m. - Refreshments and food are available The Brickyard is a privately owned outdoor entertainment venue and future home to Downtown Mansfield, Inc. The Trio, The Worn Flints and Third Degree Sideburn.

### **July 29, 2016**

### Local 159 Big Jazz Band - Mansfield's South Park\*

7:00 pm • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. \*For concerts at Mansfield's South Park, plan to arrive early and enjoy dinner in the park. Starting after 5:00 we will have the following food vendors with us: Altered Eats Simple Fire - Artisan Wood Fired Pizza - LA Dogz



poultry and eggs in 1918."

Let's fast forward to modern times. The poverty rate in the U.S. has skyrocketed and access to fresh, local food is a constant challenge. Bill Gates wrote recently about backyard chickens: "If you were living on \$2 a day, what would you do to improve your life? That's a real question for the nearly 1 billion people living in extreme poverty today. There's no single right answer, of course, and poverty looks different in different places. But through my work with the foundation, I've met many people in poor countries who raise chickens, and I have learned a lot about the ins and outs of owning these birds. (As a city boy from Seattle, I had a lot to learn!) It's pretty clear to me that just about

anyone who's living in extreme poverty is better off if they have chickens. In fact, if I were in their shoes, that's what I would do - I would raise chickens."

The Citizens for Mansfield Backyard Chickens spent many months researching this issue and has presented Mansfield City Council with solid data and reasons for allowing more folks to have backyard hens. Here are the main reasons for updating the legislation:

1. It would permit more residents to raise egg-laying chickens in their own backyard. Access to local foods is essential to healthy communities.

2. Keeping chickens in your backyard promotes sustainability. The eggs they provide increases self-sufficiency and environmental stewardship.'

'Feathered friends could enhance the community, teach responsibility, would increase opportunities for 4-H involvement and urban agriculture within the city.' Although some council members remain skeptical, a majority of residents want the city to allow small flocks of backyard chickens for egg laying purposes. Backyard chickens are a natural extension of home gardening and a tried and true all American practice. Please encourage our council members to revise the outdated ordinance!

For more information please write the Citizens for Mansfield Backyard Chickens at mansfieldchickens@gmail.com

Bill Baker



# 8 Ways to Keep Your Grain Neathy and Sharp

*(Family Features)* The brain is the body's most complex organ. It's also the most important one. That's why keeping it healthy is critical, especially as you age. Every day, scientists are discovering how closely our minds and bodies are connected. As it turns out, the things that you do to keep your body and heart healthy may also be good for your brain.

Incorporate these eight healthy habits and activities into your daily life to help you optimize brain health and stay sharp in the years ahead.

### **Get Moving**

Physical activity is good for your health at every age. Studies show being active is associated with a lower risk of brain issues. Whether it's nightly walks, playing with the grandkids or taking your favorite yoga class, find an activity that meets your needs and gets your heart pumping for at least 30 minutes every day.

### **Eat to Thrive**

The antioxidants in nutrient-dense foods like berries, broccoli and legumes, including some fats such as olive oil, may lower some risks to your brain. Try eating a healthy, low-fat, lowcholesterol diet with lots of vitamin-rich fruits and vegetables, as well as whole grains such as oatmeal and brown rice.

### **Know Your Blood Pressure**

High blood pressure can have serious effects on your brain health. If your blood pressure is high, get it under control. It may help reduce some risks to your brain.

### **Drink Moderately**

How the body handles alcohol can change with age. Some older adults can feel "high" without increasing the amount of alcohol they drink. This can make them more likely to become confused or have accidents. So limit the amount of alcohol you drink - or don't drink it at all.





### Get a Good Night's Sleep

Poor sleep, or inadequate sleep, due to issues such as insomnia or sleep apnea, doesn't just leave you feeling tired. It can have serious physical effects and can impact memory and thinking, too. Get comfy and go to bed. Seven to eight hours is a good night's rest.

### **Discover a New Talent**

When you learn new things, you engage your brain. Try something you haven't done before - learning French, ballroom dancing or carpentry, for example. Challenging your brain on a regular basis is fun and beneficial.

### **Stay Connected**

Science has shown that regular engagement in social activities can help reduce some risks to your brain. Stay connected and invite family or friends over for a healthy meal, go on a hike together or just hang out.

### **Talk to Your Doctor**

As you age, some changes in brain function, including shortterm memory, happen more frequently than when you were younger. If you have questions or are concerned, ask your doctor at your next appointment.

For more tips on keeping your brain healthy and thriving, visit BrainHealth.gov.

Source: Administration for Community Living

### Friday, July 29th, 2016 FWD MiniStocks - Spitzer Motor Speedway

Outlaw Mini Stocks and Mini Truck Series - with the Get Away Band - For more info www.spitzermotorspeedway. com/#!schedule/cjrx

### July 29 & 30, 2016

### 50th Annual Shiloh Firemans Ox Roast - Shiloh

State Route 603 - SERVING FOOD FROM 11:00 AM TO 9:00 PM EACH DAY - Parade Saturday at 7 PM - Live Music - !!ALL SHOWS ARE FREE ADMISSION!! !! BE ADVISED !! We normally sell out of Beef by Parade time on Saturday - Come early to be sure you dont miss out!

### Saturday - July 30, 2016

### Wild West Fest/Square Dance - Pleasant Hill Lake Park

At Pleasant Hill Lake Park beginning at 10am. Wild West themed events and contests. Outlaw Cowboy shooting show, horse shoe pitching, 6-9pm-Back Porch Country swing band performs with Live square dance caller, for experienced and beginner dancers. For more information call 419-938-7884 or visit www.mwcd.org

### Sunday, July 31, 2016

### "Sunday Drive" Car Show - Malabar Farm State Park

NOON - 4 pm - Entrance fee for those entering a car, Free to attend - Guests will travel back to a bygone era with a Sunday Drive to the park to enjoy the cars, music and some old fashioned foods. For more info contact Victoria Cochran at 419-892-2784 - www.malabarfarm.org/

### August 2016

These events are collected from many sources and I am unable to verify all of them. If you are interested in an event, please try to confirm the event with whomever is the sponsor or coordinator. All events are subject to change without notice. Please check ahead.

### August 2, 2016 Ribticklers - Crestline Bandstand

7:30 pm • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. www.afmlocal159.org/

### August 3, 2016

### Paradigm - Seltzer Park - Shelby

7:00 pm • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. www.afmlocal159.org/

### Thursday, August 4th, 2016

### Open Practice Super Car- Spitzer Motor Speedway

For more infogoonline to http://www.spitzermotorspeedway.com/#!schedule/cjrx

### August 5, 2016

### Paradigm - Mansfield's South Park\*

7:00 pm • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. \*For concerts at Mansfield's South Park, plan to arrive early and enjoy dinner in the park. Starting after 5:00 we will have the following food vendors with us: Altered Eats Simple Fire - Artisan Wood Fired Pizza - LA Dogz

# The Mansfield Shrine Club

The Mansfield Shrine Club is hosting the 41st Annual Shriners Picnic and Fun Day for students from local school districts in Richland County area from kindergarten through eighth grades, some having physical handicaps and others having learning disabilities at the Richland



County Fairgrounds September 21st.

Over 400 students, teachers and volunteers are expected at the fairgrounds for a day of activities. The children will get to ride horses, visit a petting zoo, golf carts and wagons rides, Mansfield Fire department demonstrations. With lunch, refreshments end the day with musical accompaniment from Shriners Fun Day veteran, DJ Mr. Ed.

Mike Miranda, president of the Mansfield Shrine Club, said Shriners are all about helping kids. He said the annual picnic and fun day is a local club effort that supports special needs children in Richland County. "(Fun Day) helps let the community know what Shriners do for children".

Bob Casey, intervention specialist at Prospect Elementary, said 2015 was his first year attending the Shriners fun day at the fairgrounds. He said he attended events in Columbus organized by Shriners in the past. "The Shriners are so supportive and their events are always well-organized," Casey said. "I love seeing the excitement on the kids' faces. Some of these kids would have never had the chance to do (activities) like this."



Kristy Smith, intervention specialist at Stingel Elementary, said she has attended the Shriners fun day for past two years. "It's a great opportunity to get the kids out in the community and experience things they wouldn't

normally get to do," Smith said. K.D. Hock and Beth Rachel, aides at Stingel Elementary, said they like bringing students to the event because they always have a good time.

The Mansfield Shrine Club has several fundraisers thru out the year, and support from our local supporters helps cover the cost so the event is free to school districts that attend for the Kids to have a great day!

### August 5th-6th, 2016

### **CRA Super Car - Spitzer Motor Speedway**

Practice Full Feature: FWD Mini Stocks, Outlaw Mini Stocks and Mini Truck Series with The County Line Band www.spitzermotorspeedway.com/#!schedule/cjrx

### August 5, 2016

### First Friday Shop Hop - Downtown Mansfield

Starts at 5 p.m. - Over fifty independent businesses now populate the city center. In celebration of longtime patrons and new guests, downtown businesses provide entertainment, hold unique events and offer specials during the first friday Shop Hop. For more info go online to www.facebook.com/downtownmansfield/ or to www.downtownmansfield.com

### Saturday - August 6, 2016

### Sidewalk Sales - Loudonville

Gather on the sidewalks of downtown Loudonville to shop for great bargains during this annual event. Don't forget to grab a bite to eat at our local restaurants. For more information call 419-994-3450

### Saturday, August 6, 2016

### Farm Fun Day - Malabar Farm State Park

10:00 am – 3:00 pm - This is a FREE Event! - Children have a chance to learn about agriculture with hands-on activities and children's games from followed by a fishing derby (some fishing poles provided). *Summer Barn Dance to follow:* 7 p.m. - 10 p.m. www.malabarfarm.org





**Sr. Citizen's (62 +)** - (Mon, 8am to closing) - \$1.00 **Homemaker's Day** - (Wed, 8am to closing) - \$1.00 **Armed Forces Day** - (Thur, 8am to closing) - Free /with ID **Saturday & Sunday Night** - Harness Racing - Free

### **2016 Ride Prices**

Wristbands - \$15.00 Tickets - \$1.00 each Small Rides - 2 tickets Large Rides - 3 tickets

### Monday Night

"Country Star "Granger Smith" - \$20.00 & \$25.00 Free gate admission if tickets purchased on-line *Tuesday Night* "Rodeo" - \$5.00 Grandstand Admission *Wednesday Night* "KOI Drag Racing" - Free at Grandstand *Thursday Night* "OSTPA State Sanctioned" - \$8.00 Admission *Friday Night* "Richland County Pull" - \$8.00 Grandstand Admission *Saturday Morning* "Draft Horse Pull" - Free Grandstand *Saturday Night* "Demolition Derby"

### Monday, August 8, 2016

### The Night Sky - Gorman Nature Center

9:30 pm - 2295 Lexington Ave. Mansfield, OH 44907 - Come learn a bit about the moon and stars, view some constellations and planets, take home a free star chart and have all of your astronomical questions answered. Participants should be able to see some really awesome constellations, some planets and maybe even a few galaxies! Telescopes and binoculars will be available for use or you can bring your own. These programs will be held ONLY if the sky is clear - www.gormannaturecenter.org

### August 9, 2016

### PreDiabetes: What is it? - Area agency on Aging, Ontario

10:30 am - Part of the Health Matters 2016 Series which is an informal health information series to help you make better lifestyle choices to improve your health and well being. All classes are free. Suite 300, Hawkins Corner, 2131 Park Avenue West, Ontario • Need More info? call 419-524-4144 or 419-520-2550

### Thursday - August 11, 2016 LINCOLN HIGHWAY BUY-WAY YARD SALE

Conceived in 1912 and formally dedicated October 31, 1913. As the first automobile road across America, the Lincoln Highway brought great prosperity to the hundreds of cities, towns and villages along the way. Affectionately, the Lincoln Highway became known as "The Main Street Across America". www.historicbyway.com

### Friday, August 12, 2016

### Heartbroke Band Live at Winery 1285

7:00 pm - 10:00 pm - 1285 W Hanley Road - Lexington, OH 44904 - www.theblueberrypatch.org

### August 12, 2016

### **Ribticklers - Mansfield's South Park\***

7:00 pm • Music in the Parks FREE Summer Concert Series • Bring your lawn chairs and enjoy an evening of music. \*For concerts at Mansfield's South Park, plan to arrive early and enjoy dinner in the park. Starting after 5:00 we will have the following food vendors with us: Altered Eats Simple Fire - Artisan Wood Fired Pizza - LA Dogz

### August 12th, 2016

### Time for Lunch - Downtown Mansfield

11:30 AM - 1:30 PM - Every Friday from May to September, we'll have music playing in our downtown courtyard for you to enjoy! Bring your lunch and stop by any time from 11:30 am - 1:30 pm. Plus, check out the dates below for days when we'll feature live entertainment. Let's make the lunch hour even better! August 12\* - EKG (warmup - Chase Beaire) \*Lunch from Dave's Hot Dog Cart will be available for purchase on these dates. In the event of inclement weather, we'll save Time for Lunch for another day.

### Saturday, August 13th, 2016

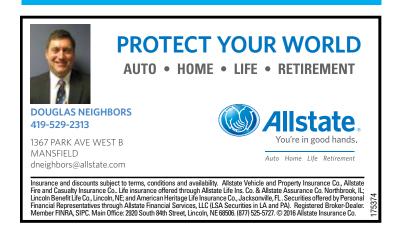
### Mansfield Bull Riding - Spitzer Motor Speedway

with The Jimmy Warner Band - For more info go online to www.spitzermotorspeedway.com

### Saturday, August 13, 2016

### Charles Mill Lake Park - Motorcycle Cruise In

10:00 am - 2:00 pm - 1277A State Route 430 - Mansfield, OH 44903 - All makes and models welcome! Dash plaques for the first 50 registered motorcycles and prizes for people's choice. Registration required.all proceeds donated to the wounded warriors. All events & programs are always open to the public. Gate admission fees may apply.



## Annie's Corner -

### **Inspirational Thoughts for Everyday** By Ann Bowling

I will pray for all who my Lord sends my way. I might not know who you are, but my God does. He also knows the situation and your needs. So being a child of the Living God, and knowing everything is in his control, I will lift you up to the Lord In Jesus Name. ~ Ann Bowling

Somewhere someone's praying, down upon their knees Lifting you before the Throne, with love and gentle pleas Asking God to give you strength, to face another day And when the night is darkest, shine light upon your way Somewhere someone's kneeling, to whisper your name in prayer.



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# An Option for Unwanted Life Insurance

Majority of seniors unaware they can sell their life insurance policies



More than eight out of 10 seniors are not aware they can sell their life insurance policy for an immediate cash payment.

According to a survey of more than 600 people conducted by Coventry Direct, 86.1 percent of life insurance policy owners do not know they have the choice to sell their unwanted policy instead of lapsing it for nothing or surrendering it for its cash value. Even a term policy with no cash value can be sold.

*Consider this story:* A car dealership owner originally purchased a \$488,000 life insurance policy as a way to fund a buy/sell agreement with his business partner. After the business dissolved, his family continued to pay the premiums, but eventually decided they no longer needed the coverage. He was planning to surrender the policy back to the insurance company for \$6,800 until he saw Coventry Direct on TV. He called them and was pleased to learn he had another option in which he was able to sell his policy for \$80,000 - more than 10 times what he would have received from the insurance company. The proceeds were divided among his three children, which they used to supplement their income.

"When seniors decide they no longer need or can't afford their life insurance policy, the typical decision they make is to lapse or surrender it back to the insurance company," said Alan Buerger, CEO of Coventry Direct. "The vast majority of these seniors have no idea they may be able to sell that unneeded life insurance policy for several times more than its cash value."

Life insurance is personal property, has value and can be sold just like your home. The proceeds of the unwanted policy can be put toward paying health care bills, paying off debt or subsidizing other retirement expenses. To learn more about the option of selling your life insurance policy, visit coventrydirect.com/lifesettlements or call 888-858-9344.

(Family Features) - Photo courtesy of Getty Images

### Saturday, August 13, 2016 Water Carnival – Lowe-Volk Park

11am to 2pm, 2401 State Route 598, Crestline - The Water Carnival will give you an opportunity to focus on the importance of water in an ecosystem and to have a great time getting wet during water games! There will be fire trucks, a bicycle that goes across water, a slip and slide, and much more! There will be food concessions. Come ready to get wet and to have great family fun! Look for information on other programs offered by the Crawford Park District by visiting their web site at www.crawfordparkdistrict.org

### Saturday, August 13, 2016

### Kids Canvas Painting at Mansfield Art Center

2:30 pm - 4:00 pm - 700 Marion Ave - Mansfield, OH 44906 Bring your kids to the Mansfield Art Center for a Canvas Painting class! With guidance from our instructor, your child will paint on a canvas for 1 1/2 hours and leave with a completed painting ready to hang! All art supplies is included. Children may bring drinks and snacks to eat while painting. Suggested Ages: 6-13 / Cost: \$15.00/child -Register for this class online or give us a call! 419-756-1700

### Saturday, August 13, 2016

### Cork & Easel at Mansfield Art Center

6:30 pm - 9:00 pm - 700 Marion Ave - Mansfield, OH 44906 Never held a paint brush before? No problem! No experience is necessary. Our instructor will guide you through the painting from start to finish and you will take home a painting ready to hang on your wall! Painting supplies provided. Just bring your favorite snack and cold beverage! Pre-registration required at 419-756-1700 - \$35.00/person

### August 18th, 2016

### **Roaring Twenties Live at Speakeasy Dinner Theatre**

Admission to the "Roaring Twenties Live" at Speakeasy Dinner Theatre in Bucyrus is \$35.00 per person / Usually sells out so order tickets in advance.

Doors open at 4:30 p.m. Starts at 5:00 p.m. Buffet dinner follows show at the Dillinger Event Center. Speakeasy is located on West Mansfield Street on the Square in downtown Bucyrus - Call 419-562-0720 - This production takes you back to the Roaring Twenties during prohibition. The location where the play is produced is the actual tunnel area where the gangsters traveling from Chicago to New York by train spent many hours during the 20's and early 30's. During the performance you may get the opportunity to meet Al Capone. www.visitbucyrus.com





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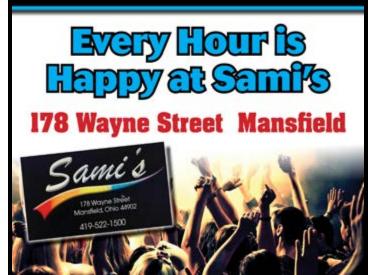


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### **The Recipe Place**

### **Super Easy Breakfast Cassarole**

### Ingredients:

1 cup shredded Cheddar cheese	6 eggs, whisked
6 slices bacon, diced	2 slices bread, cubed
1/3 red bell pepper, diced	2 green onions, chopped
3 tablespoons milk	1/2 teaspoon minced garlic, or to taste (optional) salt

### Directions

Preheat oven to 350 degrees F (175 degrees C). ... Stir Cheddar cheese, eggs, bacon, bread, red bell pepper, green

to taste

onion, milk, garlic, salt, and black pepper together in a bowl until well-combined; pour into prepared baking dish.

Bake in the preheated oven until eggs are set, 20 to 25 minutes.



and ground black pepper

### August 18th-20th, 2016 **Annual Bucyrus Bratwurst Festival**

The Bratwurst Festival was first celebrated in the summer of 1968. There are all kinds of activities to keep all ages entertained. There are daily parades, contests, auction and the FOOD! Thanks to our sponsors, there is plenty of FREE live entertainment. www.bucyrusbratwurstfestival.com

### August 18th-21st, 2016

### **2016 Blueberry Festival - Lexington Community Park**

Live Music - Pagents - Parade - 5k Run & Glow - Blueberry Bash - Big Wheel Race - Live Animals - Car & Bike Show - Food - www.lexblueberryfest.com

### Friday, August 19th, 2016

### FWD MiniStocks - Spitzer Motor Speedway

Outlaw Mini Stocks and Mini Truck Series with The Oolong Gurus - www.spitzermotorspeedway.com

### Saturday - August 20, 2016

### **SNOWY RIVER BOYS - Pleasant Hill Lake Park**

From 6pm-9pm. Bluegrass music performed by the Snowy River Boys. www.mwcd.org

### Saturday, August 20, 2016

### "Flea in the Field" Saturday Market at The Brickyard

10:00 am - 2:00 pm - Join us at Build128 and the Brickyard this summer during the third Saturdays for shopping, dining and exploration. June 18, July 16 & August 20, 2016. For more info please call 419-522-0099

### August 20, 2016

### **Men's Garden Club Fall Harvest Show - Kingwood**

2:00 pm - 5:00 pm - Carriage House - 900 Park Avenue West - Mansfield - The Men's Garden Club will have their Fall Harvest Show in the Carriage House - Admission/ Parking is \$5 per vehicle April 1-October 31.

### August 20-21, 2016

### **18th Century Colonial Trade Fair - Loudonville**

At Wolf Creek Grist Mill from 10am-5pm. Preserving the past and having fun with demonstrations, mock battle, food, vendors and more. \$3 admission. For more info visit www.WolfCreekMill.org

### Friday, August 26th, 2016

### FWD MiniStocks - Spitzer Motor Speedway

Outlaw Mini Stocks and Mini Truck Series with The Devault Ridge Band - For more info go online to http://www.spitzermotorspeedway.com/#!schedule/cjrx

### August 26th, 2016

### Final Fridays at the Brickyard - Downtown Mansfield

Slap Shot Sammy, Jimmy Warner Band and The Red Ball Jets - Shows begin at 5 p.m. - Refreshments and food are available - Slap Shot Sammy, Jimmy Warner Band and The Red Ball Jets.

### Saturday, August 27, 2016

### **21st Annual Heart of the City Cruise In - Mansfield**

8:00 am - 9:00 pm - Great car show, door prizes, a 50/50 drawing, kids activities, live entertainment, and vendor's ally. Live Entertainment at the Gazebo. For more info call Downtown Mansfield Inc at 419-522-0099

### 57 Words

### SUMMER EVENTS WORDSEARCH

### KNOWLEDGE TRIVIA

### **BAND FIRST NAMES**

- 1. Simon and Garfunkel was Tom & Jerry
- 2. Pearl Jam was Mookey Blalock
- 3. RadioHead was On a Friday
- 4. The Cure was The Obelisk
- 5. Queen was Smile
- 6. Def Leppard was Atomic Mass
- 7. Maroon 5 was Kara's Flowers
- 8. The Beach Boys were The Pendeltons
- 9. Green Day was Sweet Children
- 10. The Black Crowes was Mr. Crowe's Garden
- 11. The Beastie Boys were The Young Aborigines
- 12. Kiss was Wicked Lester
- 13. Pink Floyd was Screaming Abdabs
- 14. Blue Oyster Cult was Soft White Underbelly
- 15. Earth, Wind & Fire was The Salty Peppers
- 16. The Doobie Brothers was Pud
- 17. Van Halen was called Rat Salad
- 18. Led Zepplin was The New Yardbirds

\*\*\* References Rolling Stone Magazine & Billboard.com

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- 1. August
- 2. backyard
- barbecue
- 4. barefoot
- 5. baseball
- 6. beach
- 7. bikini
- 8. boat
- 9. breeze
- 10. camping
- 11. canoeing
- 12. clammy
- 13. corn on the cob
- 14. diving
- 15. fan
- 19. fourth 20. frisbee 21. garden 22. grass 23. green 24. grill 25. hamburgers 26. hazy 27. heat 28. hiking 29. humid 30. icecream

16. fireworks

18. flip flops

17. fishing

- 31. independence
- 32. July
- 33. June
- 34. lemonade
- 35. muggy
- 36. park

- 40. popsicle
- 41. relax
- 42. road trip
- 43. sandals
- 44. sandcastle
- 45. shade

- 46. shorts

- 37. picnic
- 38. playground
- 39. pool

- 47. steaks

- 53. swim
- 54. tan
- 55. thunderstorm
- 56. vacation
- 57. watermelon

# 48. sultry

- 49. summer
- 50. sunburn
- 51. sunflower
- 52. sunshine



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